

*"We do not inherit the Earth from our ancestors, we borrow it from our children."* -Native American Proverb



## *Lake County Tribal Health Consortium's* **"Babies Are Us"** Parenting Class

**Healthy Infant Development is the foundation for a strong and successful life. LCTHC strives to see parents and their children thriving together to nurture family bonds. Come join us every Tuesday afternoon to learn:**

- ◆ Infant care and taking care of your baby's Basic Needs
- ◆ Physical Development and motor function 'month-by-month'
- ◆ Social and Emotional Development and Support
- ◆ Positive Parenting Approaches
- ◆ Help in making Informed Parenting Choices for your family
- ◆ SIDS Prevention and safe practices
- ◆ Your questions answered

For further information please contact Pat Hubbard/Seanie Egger at LCTHC  
(707) 263-8382, extension 1303

**WHEN: Every Tuesday**  
**Starting August 7th,**  
**2018**  
**From 12:30pm-**  
**1:30pm**

**WHERE: Legacy Court,**  
**1950 Parallel Drive**  
**Lakeport, CA 95453**