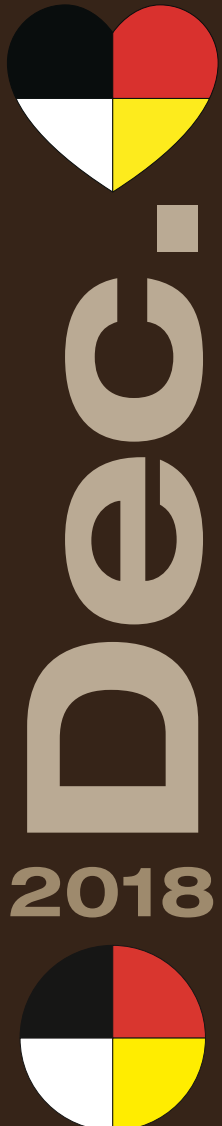


## THE INDIGENOUS CIRCUIT

# RECOVERY BASED SUPPORT GROUPS

For All Tribal People in Lake County • 707-263-8382



	Mon	Tues	Wed	Thurs	Fri	
	3	<b>4</b> <b>OPT-AODS EDUCATIONS</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	5	<b>6</b> <b>OPT-AODS RELAPSE PREVENTION</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	7	
	<b>10</b> <b>MAT GROUP</b> 9:00 am–11:00 am Lake County Tribal Health Medical Conference Rm SNACK INCLUDED <b>M-W-TAY</b> (No children, please)	<b>11</b> <b>OPT-AODS EDUCATIONS</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	12	<b>13</b> <b>OPT-AODS RELAPSE PREVENTION</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	14	
	17	<b>18</b> <b>OPT-AODS EDUCATIONS</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	19	<b>20</b> <b>OPT-AODS RELAPSE PREVENTION</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	<b>21</b> <b>RED ROAD MTG.</b> 6:00 pm–8:00 pm Big Valley Social Services Office 1002 Osprey Ct., Lkpt ○	
	24	<b>25</b> <b>CLOSED FOR CHRISTMAS</b>	26	<b>27</b> <b>OPT-AODS RELAPSE PREVENTION</b> 1:00 pm–2:30 pm Lake County Tribal Health Behavioral Health Conference Rm LUNCH PROVIDED <b>M-W-TAY</b> (No children, please)	28	
	<b>31</b> <b>MAT GROUP</b> 9:00 am–11:00 am Lake County Tribal Health Medical Conference Rm SNACK INCLUDED <b>M-W-TAY</b> (No children, please)	<b>M = men</b> <b>W = women</b> <b>Y = youth (14-19)</b> <b>○ = open to all ages</b> <b>TAY = transitional aged youth (19-25)</b>		<b>FOR WEEKEND SUPPORT, GO TO:</b> <b>N.A. MEETING ONLINE DIRECTORY:</b> <a href="http://nalakecounty.org">nalakecounty.org</a>		<b>Mad feather, Kick'n It and Hurts, Habits and Hangups will resume in January</b> <b>COMING SOON: White Bison Medicine Wheel-12 steps</b>