

THE HARBOR

ON MAIN

707-994-5486

145 s. Main St. Lakeport CA

Open Mon-Fri 9am-6pm*

The Harbor will be open every day this month!

March is Women's History Month, and this is a wonderful time to reflect on the women who have inspired us in our personal and professional lives. A pioneer in science and technology was Marie Curie. A scientist in the field of radiation, Marie was the first woman to win a Nobel Prize, and the only woman to win two Nobel Prizes for her discoveries.

WHO WAS MARIE CURRIE?

In recognition of Women's History Month we would like to recognize Marie Curie, (1867–1934) Marie Sklodowska Currie changed the world not once but twice. She founded the new science of radioactivity – even the word was invented by her – and her discoveries launched effective cures for cancer.

WHAT DO WE OFFER?

This month we have lots of activities going on!

- Budget Baking
- Employment Support
- Friday Movie Frenzy
- Counseling/Substance use referrals
- Mario Party Monday
- Kandi Krafting Wednesdays
- Take a Bite out of Hunger

Come by and let us know of anything you might want help with!

*Please refer to calendar for intermittent closures



FREE HYGIENE SUPPLIES





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Place your hand over your heart. Feel that? That's called PURPOSE. You're alive for a reason. Don't forget it.</p>		<p>National Suicide Prevention Hotline: (855) 587-6373 OR Text "CONNECT" to 741741</p>	<p>MARCH IS WOMEN'S HISTORY MONTH SPREAD THE WORD</p>	<p>1 Harbor open 9:00 Friday Movie Frenzy 3:00-5:45pm Rise Up Life skills Group 4:00-5:00 Freestyle Art Group 5:00-6:30</p>
<p>4 Breakfast Club 9:00-10:30am Mario Party Monday! 3:00-4:00 Nurturing Families 5:00-6:00</p>	<p>5 Late open 10:30 Ted Talk Tuesday 1:30-2:30pm "Bored" Games 3:30-4:00 Tutoring Tuesdays 4:00-6:00</p>	<p>6 <u>NATIONAL OREO COOKIE DAY</u> Food Bank run 8:00-10am Money Budgeting 1:00-2:00 Kandi Krafting Wednesdays 3:00-4:30</p>	<p>7 "WII" Should Play 12:00-2:30pm Budget Baking 3:30-4:30 FREE Dinner 4-5:45pm</p>	<p>8 <u>INTERNATIONAL WOMEN'S DAY</u> Fresh Produce Friday 1p-2:30 Friday Movie Frenzy 3:00-5:45pm Rise Up Life skills Group 4:00-5:00 Freestyle Art Group 5:00-6:30</p>
<p>11 Breakfast Club 9:00-10:30am Mario Party Monday! 3:00-4:00 Nurturing Families 5:00-6:00</p>	<p>12 Ted Talk Tuesday 1:30-2:30pm "Bored" games 3:30-5:00pm Tutoring Tuesdays 4:00-5:00</p>	<p>13 <u>NATIONAL GOOD SAMARITAN DAY</u> Money Budgeting 1:00-2:00 Kandi Krafting Wednesdays 3:00-4:30</p>	<p>14 "WII" Should Play 12:00-2:30pm Budget Baking 3:30-4:30 FREE Dinner 4-5:45pm</p>	<p>15 Harbor open 9:00 Friday Movie Frenzy 3:00-5:45pm Rise Up Life skills Group 4:00-5:00 Freestyle Art Group 5:00-6:30</p>
<p>18 Breakfast Club 9:00-10:30am Mario Party Monday! 3:00-4:00 Nurturing Families 5:00-6:00</p>	<p>19 Helping Hand Food bags 8:30AM-10:30 <u>CLOSED 12:20-3:30</u> "Bored" games 3:30-5:00pm Tutoring Tuesdays 4:00-5:00</p>	<p>20 Harbor open 9:00 <u>CLOSED 12:15-4:30</u> Money Budgeting 11:00-12:00 Kandi Krafting Wednesdays 4:30 -6:30</p>	<p>21 OPEN 9:00 AM <u>CLOSED 12:20-3:30</u> Budget Baking 3:30-4:30 FREE Dinner 4-5:45pm</p>	<p>22 Harbor open 9:00 Friday Movie Frenzy 3:00-5:45pm Rise Up Life skills Group 4:00-5:00 Freestyle Art Group 5:00-6:30</p>
<p>25 <u>NATIONAL MEDAL OF HONOR DAY</u> Breakfast Club 9:00-10:30am Mario Party Monday! 3:00-4:00 Nurturing Families 5:00-6:00</p>	<p>26 Ted Talk Tuesday 1:30-2:30pm "Bored" games 3:30-5:00pm Tutoring Tuesdays 4:00-5:00</p>	<p>27 Harbor open 9:00 Money Budgeting 1:00-2:00 Kandi Krafting Wednesdays 3:00-4:30</p>	<p>28 "WII" Should Play 12:00-2:30pm Budget Baking 3:30-4:30 FREE Dinner 4-5:45pm</p>	<p>29 Harbor open 9:00 Friday Movie Frenzy 3:00-5:45pm Rise Up Life skills Group 4:00-5:00 Freestyle Art Group 5:00-6:30</p>